

Liza Lacroix

XXX, she's so beautiful

September 6 — October 9, 2025

Her voracious appetite for cocaine - and how she used the drug to drastically lose weight.

Read now our bombshell extract of her new book: 'Was he on a murder-suicide mission when he crashed and killed himself and her?'

Published: 18:47 BST, 17 June 2024 | Updated: 18:33 BST, 18 June 2024

76 569
email shares comments

New light has been shed on her struggles with substance abuse during her troubled relationship. A new bombshell biography details how she was a frequent cocaine user. She started using the drug when she worked as director of publicity for the American designer Calvin Klein. There she studied the models, trying to understand how they stayed so thin and maintained their good looks.

+
2

[View gallery](#)
at an event in New York City, October.

+
2

[View gallery](#)
pictured using a public phone at Martha's Vineyard.

She was riddled with insecurity, reportedly confessing to feeling jolie-laide (ugly-pretty), and when she started dating him, she turned toward her psychical reinvention. She was only 28 years old but she took to erasing her small facial lines with Botox. She plucked her lush, thick eyebrows into wisps, bleached and ironed her hair, and dropped 15 pounds with the help of cigarettes and cocaine. They married but almost immediately, there were problems.

Read More
170-clause marriage and sex contract revealed

They argued regularly — including in public, famously rowing in a New York park, where he was pictured shoving her, then trying to yank off her engagement ring with such force that the stone broke. As a result,

she began taking antidepressants on top of the cocaine. The couple died, alongside her sister when he crashed the plane he was piloting them in off the coast of Martha's Vineyard. They were on their way to a family wedding. She was 33; her sister was 34.

In the aftermath of the crash, it was her vanity, her superficiality, her drug use, her all-around "shrewish" behavior that was often blamed for leading him to crash his plane into the ocean.

She's only ever been depicted as the drug-addled harridan who made his last days so miserable. The implication: if he hadn't been so miserable he wouldn't have been so distracted; and if he hadn't been so distracted, he wouldn't have crashed the plane. Yet the resulting investigation by the National Transportation Safety Board found him alone responsible for the crash.

Her mother reportedly received millions in a settlement from his family.

Share or comment on this article: Her voracious appetite for cocaine - and how she used the drug to drastically lose weight