

AFK<>AZQ<>ART.....  
.....ABCDEF GHIJKLMNO PQRSTU V  
WXY Z

BAR

---

---

**It was the 90's hip hop group, "House Of Pain," that said, "Jump around, jump around, jump up, jump up and get down! Jump around!" But I'm pretty sure they weren't talking about what to do in a sauna. Leave the jumping to the gym and the sitting to the sauna.**

Some people like silence in their sauna and some like to chat. If you are going to talk, then make it light and relaxing. Most people who are new to a sauna will just want to talk about the **heat** anyway.

If you don't like silence and you don't feel like talking then there are sound systems that are designed for sauna installation that you can play your favourite album on or the calming sound of whale song; the choice is yours.

-----LOL<>WTF<>BTW-----

If you spend too little time on each work you risk looking petty and insignificant. If you spend too much time you risk looking pretentious and smarter than everyone else. My advice is to take the average time spent looking at each painting, and then spending a fraction more time looking at it. This way you will look more learned to the average patron and are sure to impress anybody you are with but will avoid being labeled a 'snob'. It may also help to look slightly concerned when looking at the piece. This will give the impression to others that you not only understand the art, but understand so well that you may have found something wrong with it. However, this tactic is best left to the advanced gallery visitor, beginners may come off as being stupid and clueless and it may lead to ridicule and in some extreme cases, the accusation that you don't 'get it'.

**There's no rule saying reusing an idea for a painting isn't permitted, that you may use an idea for only one canvas. If an idea was good enough for one painting, then why not use again? Turn the idea into a series, explore how you might improve on the first, and see how you might develop the idea through different compositions and colors. You could paint variations on the theme, as the Impressionist Monet did with haystacks, poplar trees, Rouen cathedral, and waterlilies.**

